



## Introduction to Psychology

Lecture Room B200

Tues/Thurs: 1 pm - 2:20 pm - Sections 1-6

Tues/Thurs: 4 pm - 5:20 pm - Sections 7-12



**Instructor:** Dr. Darren Campbell

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**Office Hour:** Tues: 2:50 - 3:50 pm; other times by appointment

**Laboratory Instructor:** Rachel Norman

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**Office:** A228

**Office Times:** Wed: 1 - 2:20 pm & Thur: 10 - 11:20 am; O. T. by Apt.

### Textbook

Altman, M., Jacobi, L., Beston, B., Brown, K., Burton, E.T., Carducci, B., Hummel, J., . . . Wehe, H. (2017).

*Introduction to Psychology: A Top Hat Interactive Text.* Top Hat Monocle. Available from

<https://tophat.com/marketplace/beta/oer-introduction-to-psychology-meaghan-altman/737/>

### Course Objectives and Content

The purpose of this survey course is to increase your understanding of psychology. PSYC 1106 stresses *biological* and *environmental* explanations of human/animal *thoughts, feelings, and actions*.

**Lectures** will focus on *psychological theories, research methods, neuroscience, development, the senses, classical and operant conditioning, personality, and psychological disorders*.

By the end of the course, you will be able to:

1. identify the key characteristics of the foundational theories of psychology,
2. contrast psychological explanations of human and animal behaviour (broadly defined),
3. recognise the core psychological findings of the reviewed topics, and
4. derive real-world implications of the psychological theories and findings.

**Labs** offer *small-group* instruction for you to develop a concrete understanding of *the scientific method in psychology* through "*hands-on*" experiences. The labs help you develop *design* and *statistical analysis* skills and refine your *oral and visual presentation skills*.

By the end of the lab portion of the course, you will be able to:

5. demonstrate simple, data-analysis skills, and
6. present psychological findings to demonstrate your content comprehension, understanding of visual presentation techniques, and oral communication skills.

### Evaluation

Pre-Class Assignments	10.5% (1.5% per Chapter, Ch. 2 to 8)
In-Class Participation / Assignments	4.5%
Midterm 1 (in B200 / Lecture Hall)	15% (primarily Chapter 1, 2, 3 content)
Midterm 2 (in B200 / Lecture Hall)	15% (primarily Chapter 4, 5, 6 content)
Final Exam (in Gymnasium)	25% (all course content)
Lab	30% (see Lab Syllabus for details)
	/100%

**+Bonus** (Optional) 3% (Volunteer Research Participation or TED talk Write-ups)

**Pre-Class Chapter Assignments** (10.5%)

Log into your (TopHat.com) digital textbook account to access and complete the assigned chapter-related questions. These pre-class assignments aim to facilitate *learning*.

**In-Class Participation / Assignments** (4.5%)

You will need to bring a phone, tablet, or laptop to login to your textbook account to complete the in-class activities/questions. These assignments provide you with active learning opportunities and give me immediate and ongoing feedback on your understanding of the material.

**Exams** (55%)

Exam questions will reflect all textbook material assigned, posted lectures, and any information discussed/reviewed in the lectures and labs including exercises, assignments, and videos.

**Midterms 1 & 2** (15% each) based on all content covered for the given midterm

**Final Exam** (25%) based on all content covered throughout the course (comprehensive)

Strict university rules exist concerning make-up exams. They are permitted only for medical or compassionate reasons with appropriate documentation. Make-up exams may differ from the original exam. If you cannot write the make-up exam in a timely manner, you will receive a zero.

**Lab** (Total 30%)

The lab syllabus will provide you with a detailed break-down of the lab grading system and the instructions, rules, and deadlines regarding the lab components of the course.

**Grade Monitoring**

Please keep track of your marks and save your assignments. Rachel and I will post your grades periodically. If your posted grades do not match your own records, contact one of us immediately. Supply us with the supporting documentation (graded feedback) to get your grades corrected. Keep your records and assignments until you have your official final grade.

**Questions**

The syllabi, handouts, and Blackboard (BB) postings/links are important resources for information, such as scheduling of classes, due-dates, lecture and lab resources, and lab assignments. We love to hear from you, but please check the course syllabi and BB for basic information. We prefer to save our email time for unique communication with you. For common questions, Rachel/I will post answers on BB.

**Communications**

For quick Face-to-Face Meetings:

Dr. Campbell: Before or after lectures

R.N.: Before or after labs (any section)

For a personal meeting, contact Dr. C. or R.N. to arrange a mutually convenient meeting time.

**Email**

Use email to contact Dr. Campbell. For phone contact, email him your number and he will phone you back.

*Good Emails:* asking about the course content or raving about how you love the course :p

*Bad Emails:* asking questions such as

“What did we do in class?” → see online lectures

“Did I miss anything important in class?” → Yes. Of course!

“When is my next lab?” → check your lab schedule posted on Blackboard

**Ask Questions!** If you are confused about something, other students also likely are confused.

**Participate:** Feel free to suggest implications or alternative viewpoints about the ideas presented in class.

**Fair Behaviour and Respect for Others**

We all prefer a positive classroom environment that supports learning and fair evaluations. Disruptive behaviour, such as talking during lectures, watching distracting videos, and engaging in social media activities, is not helpful. So, I discourage it, and, as a class, we will respond appropriately. Please see the Policy on Academic Dishonesty and Code of Student Rights and Responsibilities in the Academic Calendar.

**Lectures**

The lecture slides have been uploaded into the online textbook website to support in-class participation. Lectures focus on select textbook material, important content not in your textbook, and interactive participation activities. In other words, attending the lectures is important and useful for your success in the course.

**Intellectual Property**

All materials developed for this course, including, but not limited to, lectures, lecture notes and slides, assignments, examinations and syllabi, that are provided in class or online, are the intellectual property of the course instructor. Recording lectures in any way is prohibited unless express written consent has been granted by the instructor. Posting, providing, sharing or selling unauthorized audio, video, or textual material violates an instructor’s intellectual property rights, the Canadian Copyright Act, and may violate the rights and privacy of others in the classroom. Failure to follow these instructions is in contravention of the university’s Code of Student Rights and Responsibilities. Participation in this course constitutes an agreement by all parties to respect the intellectual property and privacy of others during and after their association with Nipissing University.

**Course Goals**

I hope and expect that you will enjoy Psychology. But, just as importantly, I hope and expect that you will develop greater understanding and insight into the complexities of human (and animal) behaviour!

**Tentative Lecture Schedule and Important Dates**

<u>Date</u>	<u>Readings</u>	<u>Topic</u>
Sep 3	Syllabus	Admin / Introductions
Sep 5	<i>Chapter 1</i>	<i>Psychological Perspectives</i>
Sep 10		continued
Sep 12	<i>Chapter 2</i>	<i>Research Measurement &amp; Design</i>
Sep 17		continued
Sep 19	<i>Chapter 3</i>	<i>Biology &amp; Neuroscience</i>
Sep 24		continued
Sep 26	Finish Up / Review	
<b>Oct 1</b>	<b>Midterm 1</b>	<b>Worth 15%</b>
Oct 3	<i>Chapter 4</i>	<i>Development</i>
Oct 8		continued
Oct 10	<i>Chapter 5</i>	<i>Sensation / Perception</i>
<u>Oct 14-18</u>	<u><i>Thanksgiving Day &amp; Study Week</i></u>	
Oct 22		continued
Oct 24	<i>Chapter 6</i>	<i>Learning</i>
Oct 29		continued
<b>Oct 31</b>	Finish Up / Review	
<i>Nov 1</i>	<b><i>Last Day to withdraw from FA courses</i></b>	
Nov 5	<b>Midterm 2</b>	<b>Worth 15%</b>
Nov 7	<i>Chapter 7</i>	<i>Personality</i>
Nov 12		continued
Nov 14	<i>Chapter 8</i>	<i>Psychological Disorders</i>
Nov 19		continued
Nov 21		continued
Nov 26		continued
Nov 28	Finish Up / Review	
<i>Dec 3-18</i>	<i>Final Examination Period</i>	<b>Final Exam 25%</b>



Generally, the pre-class chapter assignments are due at noon on the day before the first lecture on the chapter. The specific dues dates are identified in your TopHat account.

**Your Final Exam will be given in the final examination period, and you must be available for it.**

## **Bonus Marks**

You have two options (see below for details). With Option 1, sign-up, show up at the study, and participate to get marks. With Option 2, I grade your TED-talk write-ups. Therefore, for Option 2, follow the instructions carefully and ask Dr. C. questions if you are unsure about the assignment. Note, you are free to participate in both Options 1 and 2 to generate the full 3% in bonus marks. The deadline for Option 1 is found on the SONA website (see below for how to sign up). The deadline for Option 2 is **November 28, 2019** (the last lecture date).

### **Option 1: Participate in research**

You may volunteer to participate in research experiments that are being carried out by Nipissing University Researchers who have registered with the SONA system. Each experiment will have details about what participating entails and how many credits you will receive for participating. In this class, you can earn up to a maximum of 3% extra credit which will be added to your final grade at the end of the term. **Please note: 1 credit = 1 hour of research credit = 1%. So, 0.5 credits = 0.5 hours of research credit = 0.5%.** Research experiments are accessed via an online system called SONA. **To use this system, you first must enroll yourself as a user.**

To enroll in SONA, go to:

<https://nipissingu.sona-systems.com/Default.aspx?ReturnUrl=%2f>.

Once there, click "**Request an account here**" located in the lower left-hand corner of the screen just below "**New Participant?**" You will then be prompted to enter some basic information about yourself. You will also be asked to submit an "**xxxxxx@community.nipissingu.ca**" email address. You **MUST** use your Nipissing email address for this. Once completed, you will be sent an email with password.

When you are looking at the full list of experiments that you are eligible for, simply click an experiment, and information will be displayed about the length of the study, what the study entails, and where the study takes place. If you choose to participate **YOU MUST** click on "**view available time slots,**" and **register for a timeslot that fits in your schedule.** You cannot simply show up at a time without having registered for that timeslot.

If you need to cancel the time you have signed up for, you must login to the system and cancel your time as many hours in advance as required by the particular experiment (often it is 24 hours but this time can differ by experiment so make sure to note this information when signing up). Failure to do so will be counted as a "no show." **After two "no shows," your access to the system will be blocked, and you will not be able to participate in any further experiments for the remainder of the semester.**

When you sign up for an experiment you will receive an email confirmation with the date, time, and location of the experiment. It is also a good idea to **write down the date, time, location of the experiment** and the experimenter's name and email address.

**Option 2: Summarize and evaluate a() TED talk(s):**

Indicate the title of the talk, presenter, and online link to the talk. Write the summary in your own words; do not plagiarize (or copy other people's summaries).

Each summary must be single-spaced in 12-pt Times New Roman font with 2.54 cm margins. Through your Blackboard account for the class, submit a digital version to me on or before the due date.

You may select one (or more) TED talk(s) on a psychological topic in which you can address each of the assignment components listed below.

In your summary, you must:

- 1) describe the main points of the talk (i.e., the take-home messages),
- 2) identify the theoretical perspective(s) that underlie the talk (e.g., cognitive, behavioural, neurological),
- 3) identify the primary outcome / dependent variable(s) and predictor / independent variable(s),
- 4) identify which section of the (whole) textbook reviews the topic covered in the talk.

If the TED talk take-home message is *the same* as that of the textbook information:

- 5a) describe how the TED talk exemplifies (illustrates) the textbook message.

If the TED talk take-home message *differs from* that of the textbook:

- 5b) describe how it differs. [Are the findings and interpretation complementary or contradictory to that described in the textbook and how so?]

Each summary is worth either 0.5% or 1% (depending on the length of the video).

The 1% written summary must be one full-page in length (single-space, 12-pt font, 2.54cm margins) and based on a TED talk 20 minutes or longer in duration.

The 0.5% written summary must be a ½ page in length (single-space, 12-pt font, 2.54cm margins) and based on a TED talk less than 20 minutes in duration.

If, after addressing the five required points, your paper is not long enough (see above), add detail about the TED talk (point 1) or elaborate upon the other issues (points 2 – 5) to meet the written-length requirement.

You may want to complete some Option 1 sessions to ensure you earn your full 3% of bonus marks.