

## Introduction to Psychology

Weaver Lecture Hall – B200

Mon/Wed: 12:30 - 1:50 pm - Sections 7 - 12

Mon/Wed: 6:30 - 7:50pm - Sections 1 - 6

**Instructor:** Dr. Darren Campbell

**Email:** [darrenc@nipissingu.ca](mailto:darrenc@nipissingu.ca)

**Office Hour:** Mon/Wed: 2-2:30 pm & 5:45-6:15 pm Other Meeting Times by Apt.

**Office:** H236

**Phone:** 705-474-3450 Ext 4524

**Laboratory Instructor:** Stephanie Hevenor

**Email:** [stephanh@nipissingu.ca](mailto:stephanh@nipissingu.ca)

**Office Hour:** To be announced in the Labs & other times available by Apt.

**Room:** A222

**Voice Mail:** 705-474-3450 Ext 4400

### Required Text & Participation Software

Passer, Smith, Atkinson, Mitchell, & Muir. (2014). *Psychology: Frontiers and Applications*, 5th Cdn Ed. Toronto, CA: McGraw-Hill Ryerson including the Poll Everywhere Software.

### Course Objectives and Content

The purpose of this survey course is to increase your understanding of psychology. PSYC 1106 stresses *biological* and *environmental* explanations of *thoughts, feelings, and actions*.

**Lectures** will focus on *psychological theories and methods, neuroanatomy and neurophysiology, the senses, sleep and dreaming, classical and operant conditioning, and memory*.

By the end of the course, you will be able to

1. identify the key characteristics of the foundational theories of psychology.
2. contrast psychological explanations of human and animal behaviour (broadly defined).
3. derive real-world implications of psychological theories and findings.
4. recognise core Psychology findings on biology, perception, consciousness, learning, and memory.

**Labs.** The laboratory offers *small-group* instruction where students develop a concrete understanding of *the scientific method in psychology* through "*hands-on*" experiences. The labs also allow you to refine your *oral and visual presentation skills*. Early labs focus on *design and statistical analysis*. Later labs focus on student *presentations* on select psychology topics.

By the end of the lab portion of the course, you will be able to

5. demonstrate simple data analysis skills.
6. present a summary of psychological findings reflecting content comprehension, oral communication skills, understanding of visual presentation considerations, and interactive communication skills.

<u>Evaluation</u>		
	Mid-Term Exam 1	15%
	Mid-Term Exam 2	15%
	Final Exam	30%
	Lecture Participation	10% (lecture polling responses & other assignments)
	Lab Assignments	12% (3 assignments @ 4% each)
	Lab Presentation	10% (marked out of 40)
	Lab Presentation Peer Reviews	6% (3 at 2% each)
	Article Find	2% (literature search & APA format)

**Letter Grades**

"A" – (80-100%)      "B" – (70-79%)      "C" – (60-69%)      "D" – (50-59%)      "F" – (0-49%)

For performance descriptions for each letter grade see the Nip. U. link below

<http://www.nipissingu.ca/calendar/regulations/academic/Pages/Evaluation-and-Grading-System.aspx>

Note: I will not be rounding grades up. If your final score is 69.7%, your grade will be 69%. You need to earn a 70.0% or higher to get a 70% or higher.

**Grade Monitoring**

Keep track of your marks and save your assignments. Grades will be posted periodically. If your posted grades do not match your own records, contact us immediately. Supply us with the supporting documentation (graded feedback) to get your grades corrected. Keep your records and assignments until you have your official final grade.

**Midterms and Final Exam**

Exam questions will reflect all textbook material identified, and the information discussed in the lectures and labs including classroom exercises, assignments, and videos up to the time of the exam (unless otherwise stated).

**Midterm Exams 1 & 2** (15% each) ~50 - 60 questions including textbook, lecture, & lab content

Midterm Exams must be taken in the lecture section in which the student is registered. Attending the wrong lecture section to write the exam will result in a zero.

**Final Exam** (30%) ~ 130 - 150 questions on content covered throughout the whole course (comprehensive)

Make-up exams ONLY will be permitted for medical or compassionate reasons with appropriate documentation. Make-up exam format will differ from the original. If you cannot write the make-up exam in a timely manner, you will receive a zero.

**Lecture Participation** (10%)

Throughout the lectures, you will complete lecture-related assignments and answer in-class questions. Some of these will be multiple-choice questions via Poll Everywhere surveys. These questions 1) show you how course material is converted into multiple-choice questions, 2) provide a focused review of the material covered, and 3) give me feedback on your understanding of the material. Your participation mark will be based on the total number of correctly completed assignments and questions answered over the course of the term. Assignments and Polling participation must be completed during your lecture section and unregistered Polling responses will not be counted.

**Lab**

Stephanie will give detailed instructions, rules, and deadlines regarding the lab components of the course. This information also will be posted on the course website.

**Questions**

This syllabus, handouts, and the course websites are an important resource for basic information, especially regarding scheduling of classes, due-dates, etc. The course Blackboard website also will be very informative.

**Communications**

For quick Face-to-Face Meetings:

Dr. C.: Before or After lectures (any section)

Master S.H.: Before or After labs (any section)

If you wish a personal, confidential meeting, contact either myself or Stephanie to arrange a mutually convenient meeting time.

**Email and Voicemail**

We are conscientious about replying promptly. Email is preferred. If you use voice mail, make sure to enunciate your name and the complete phone number clearly.

Note: There are hundreds of students in my Introduction to Psychology sections! For commonly raised question, I likely will post answers on Blackboard rather than provide each person with a detailed response.

*Good Emails:* asking about the course content or raving about how you love the course

*Bad Emails:* asking questions such as

“What did we do in class?” → check blackboard powerpoint postings

“Did I miss anything important in class?” → Yes. Of course!

“When is my next lab?” → check your lab syllabus or blackboard

“Can I have an extension on my presentation because my goldfish died?” → No.

I need to spend my time responding to good questions. So, I may not respond to bad emails.

**Ask Questions:** If you are confused about something, many other students also likely are confused.

**Proper and Fair Behaviour**

We all prefer a positive classroom environment that supports learning and fair evaluations. Disruptive behavior, such as talking during lectures, watching videos, and engaging in social media activities, is unacceptable. Together, we will respond to such disruptive behaviour.

The Lab Syllabus provides very explicit “Rules of Decorum.” I support them fully.

**Lectures**

Powerpoint slides of the lectures will be posted on the course website. These will not include copyright materials. Lectures include select textbook material, important content not in your textbook, and interactive participation. In other words, it is important and useful for you to attend the lectures.

**My Goal**

I hope and expect that you will enjoy Psychology. But, most importantly, I expect that you will demonstrate understanding and insight into the complexities of human (and animal) behaviour.

**Tentative Lecture Schedule and Important Dates**

<u>Date</u>	<u>Readings</u>	<u>Topic</u>	<u>Lecture</u>
Sep 8	Syllabus	Admin / Intros	1
Sep 10	Chapter 1	Psychological Perspectives	2
Sep 15		continued	3
Sep 17	Chapter 2	Research Measurement & Design	4
Sep 21	<b><i>Last Day to Register for FA or FW courses</i></b>		
Sep 22		continued	5
Sep 24	Chapter 3	BioPsych	6
Sep 29		continued	7
Oct 1		Finish Up	8
<b>Oct 6</b>	<b>Midterm 1</b>	<b>Worth 15%</b>	<b>9</b>
Oct 8	Chapter 4	Genetics & Evolution	10
Oct 13-17	<b><i>Thanksgiving Day &amp; Study Week</i></b>		
Oct 20		Continued	11
Oct 22	Chapter 5	Sensation / Perception	12
Oct 27		continued	13
Oct 29	Chapter 6	Consciousness	14
Nov 3		continued	15
Nov 5		Finish Up	16
Nov 6	<b><i>Last Day to withdraw from FA courses</i></b>		
<b>Nov 10</b>	<b>Midterm 2</b>	<b>Worth 15%</b>	<b>17</b>
Nov 12	Chapter 7	Learning	18
Nov 17		continued	19
Nov 19		continued	20
Nov 24	Chapter 8	Memory	21
Nov 26		continued	22
Dec 1		continued	23
Dec 3		Finish Up	24
Dec 8-21	<b><i>Final Examination Period</i></b>	<b>Final Exam 30%</b>	

**Your Final Exam will be given in the final examination period and you must be available for it.**

## **Extra Marks Options**

There is an opportunity to earn extra credit (maximum of 3%) in this course. Extra credit will be added to your final grade. All Option 1 extra credit must be completed on or before **Monday, December 3<sup>rd</sup>, 2014**. All Option 2 extra credit assignments must be completed on or before **Monday, December 1<sup>st</sup>, 2014**. There are two ways to earn extra credit (see below). You can use a combination of both options, but you can earn **no more than 3% extra credit**.

### **Option 1: Participation in research**

You may volunteer to participate in research experiments that are being carried out by researchers at Nipissing University who have registered to participate in the SONA system. Each experiment will have details about what it entails and how many credits you will receive for participating. In this class, you can earn up to a maximum of 3% extra credit which will be added to your final grade at the end of the term.

**Please note: 1 credit = 1 hour of research credit = 1%. So, 0.5 credits = 0.5 hours of research credit = 0.5%.** Research experiments can be accessed via an online system called SONA. To use this system, you must enroll yourself as a user. Go to:

<https://nipissingu.sona-systems.com/Default.aspx?ReturnUrl=%2f>

and click "Request an account here" located in the lower left-hand corner of the screen just below "New Participant?" You will then be prompted to enter some basic information about yourself. You will also be asked to submit an "xxxxxx@community.nipissingu.ca" email address. You **MUST** use your Nipissing email address for this. Once completed, you will be sent an email with password.

When you are looking at the full list of experiments that you are eligible for, simply click an experiment, and information will be displayed about the length of the study, what the study entails, and where the study takes place. If you choose to participate **YOU MUST** click on "view available time slots", and register for a timeslot that fits in your schedule. You cannot simply show up at a time without having registered for that timeslot. If you need to cancel the time you have signed up for, you must login to the system and cancel your time as many hours in advance as required by the particular experiment (often it is 24 hours but this time can differ by experiment so make sure to note this information when signing up). Failure to do so will be counted as a "no show". **After two "no shows", your access to the system will be blocked, and you will not be able to participate in any further experiments for the remainder of the semester.**

When you sign up for an experiment you will receive an email confirmation with the date, time and location of the experiment. It is also a good idea to write down the date, time, location of the experiment and the experimenter's name and email address.

**Option 2: View TED talks and write a 1-page summary (single-space, 12-pt font)**

You may select one or more of the TED talks below to view and write a 1-page summary of the talk. In your summary, you must

- 1) describe the main points of the talk (i.e., the take-home messages),
- 2) identify the theoretical perspective(s) that underlie the talk (e.g., cognitive, behavioural, evolutionary),
- 3) identify the primary outcome / dependent variable(s) and predictor / independent variable(s),
- 4) identify which section of the textbook reviews the topic covered in the talk, and
- 5a) If the TED talk take-home message is the same as that of the textbook information, describe how the TED talk exemplifies (illustrates) the textbook message.
- 5b) If the TED talk take-home message differs from that of the textbook, describe how it differs. Are the findings and interpretation complementary or contradictory to that described in the textbook and how so?

Each summary will be worth 0.5 or 1% (depending on the length of the video). The score will be added to your final grade.

[http://www.ted.com/talks/stuart\\_firestein\\_the\\_pursuit\\_of\\_ignorance.html](http://www.ted.com/talks/stuart_firestein_the_pursuit_of_ignorance.html) 1%

[http://www.ted.com/talks/sherwin\\_nuland\\_on\\_electroshock\\_therapy#t-52833](http://www.ted.com/talks/sherwin_nuland_on_electroshock_therapy#t-52833) 1%

[http://www.ted.com/talks/miguel\\_nicolelis\\_a\\_monkey\\_that\\_controls\\_a\\_robot\\_with\\_its\\_thoughts\\_no\\_really.html](http://www.ted.com/talks/miguel_nicolelis_a_monkey_that_controls_a_robot_with_its_thoughts_no_really.html) 1%

[https://www.ted.com/talks/russell\\_foster\\_why\\_do\\_we\\_sleep#t-526285](https://www.ted.com/talks/russell_foster_why_do_we_sleep#t-526285) 1%

[http://www.ted.com/talks/elizabeth\\_loftus\\_the\\_fiction\\_of\\_memory.html](http://www.ted.com/talks/elizabeth_loftus_the_fiction_of_memory.html) 1%

[http://www.ted.com/talks/laura\\_carstensen\\_older\\_people\\_are\\_happier.html](http://www.ted.com/talks/laura_carstensen_older_people_are_happier.html) 0.5%

[http://www.ted.com/talks/angela\\_lee\\_duckworth\\_the\\_key\\_to\\_success\\_grit.html](http://www.ted.com/talks/angela_lee_duckworth_the_key_to_success_grit.html) 0.5%