

Introduction to Psychology I - In-Person

Where: F213 When: Mon & Wed @ 1:00 - 2:20 pm



Instructor: Dr. Darren Campbell (He/Him), Dept. of PsychologyEmail: darrenc@nipissingu.caOffice: H236Office Hour: Guidance/Clarification M & W @ 2:30 to 3pm; other times by appointment

<u>Land Acknowledgement</u>: Nipissing University sits on the territory of Nipissing First Nation, the territory of the Anishnabek, within lands protected by the Robinson Huron Treaty of 1850. We are grateful to be able to live and learn on these lands with all our relations.

<u>Course Objectives and Content</u> + Course Calendar Description Link

In this <u>survey</u> course, you can develop a broad understanding of Psychology. PSYC 1106 examines *biological, cognitive,* and *environmental psychological* explanations of people / creatures.

In this course and PSYC 1107, you explore theories and findings which provide an academic foundation for various university programs in addition to Psychology-specific specializations.

PSYC 1106 lectures focus on *psychological theories, research methods, neuroscience, development, the senses, classical and operant conditioning, personality, and psychological disorders.*

- By the end of the course, you will be able to:
- 1. identify and differentiate among the foundational theories of psychology,
- 2. recognise core psychological findings,
- 3. contrast psychological explanations of human and animal behaviour, and
- 4. derive real-world implications of the psychological theories and findings.

<u>Basic Workload Expectations for Success</u>: Attend every lecture in body and *mind*, review your lectures/notes before the next lecture, complete the readings, and regularly self-test your recall and understanding of the material. A general estimate is that these learning activities will require 3 hours per week outside of attending the class. In addition to these basic learning activities, completing the assignments will further enhance your learning and success. Success requires sustained effort and focused work. Being brilliant may make success easier, but brilliance is neither sufficient nor necessary! *for real*

<u>Course Readings and Resources</u>: The readings/lecture materials are available via Blackboard (BB). Access: Login to BB \rightarrow select PSYC 1106 \rightarrow Content \rightarrow Lecture Topic (specific folder) Optional BB-item content will not be on the exams.

Evaluation

1 Syllabus + BB-content scavenger hunt	4% (knowledge demo)
3 Open-book Assignments	21% (select content topics, 7% each)
Midterm I	15% (see below for details)
Midterm II	20% (see below for details)
Final exam	40% (all course content)
	/100%
+Bonus (Optional)	3% (SONA research or class-only research-like activities)

For letter-grade equivalents and grading standards, see *Nipissing Uni. link here*.

Scavenger Hunt and Open-Book Assignments

As soon as you have Blackboard (BB) course access, the scavenger hunt and 3 course assignments are available to you. I recommend a quick review of each. The reviews will highlight the types of content covered in the lectures and the types of exam questions asked. I also recommend that you complete each assignment section-by-section as you encounter/review the relevant course materials.

The **due dates** *do not represent when you start*; they represent *when you need to be finished*. After the due date, you will no longer have access to the assignment. **Work** on the open-book assignments **gradually** over time. **Enter** and **Save** your answers as you work on the questions for specific topics. But **do not Submit** your answers **until all** of the **questions are complete** because undoing premature submissions is problematic. With appropriate effort and attention to detail, you should score well and be better prepared for the course and each exam.

Syllabus/BB content scavenger hunt (4%)

Systematically examine the syllabus and course BB links to better understand: what to expect in the course, the grading system, and how to find what you need to be successful.

3 Open-Book Assignments (21% = 3 x 7% each)

The assignments encourage you to review the lecture materials in a timely manner. Each assignment includes questions which demonstrate the type of understanding and content assessed in each exam.

Exams (require detailed content knowledge and a clear understanding of content implications) 1. You are expected to **be available for** each of the **scheduled exams**.

2. Given the large class size and the need to keep the room quiet for other students taking the exams, there are **minimal opportunities** for **questions during** the **exams**. The exams provide instructions for how to comment on specific test-items. When I review the test results and your comments, if needed, I will adjust the scoring and/or eliminate problematic items.

3. Midterm I is worth 15% and Midterm II is worth 20%.

3.1 The Midterm questions will focus on all course content (readings, lectures, videos, etc.) covered up to the date of the test. The date of each Midterm is identified in the schedule below.
3.2 Once you start, you will have 60/80 minutes for Midterm 1/2, respectively. [For SAS registered students, your test time will be assigned appropriately.] Please read and think about the questions carefully. Most people finish well under the time limit.

4. If **uncontrolled circumstances** cause you to miss a Midterm, please contact me as soon as possible. If you have provided me with a <u>legitimate reason</u> for missing <u>and</u> not too much time has passed, we will arrange a make-up exam. If <u>too much time</u> has passed, no make-up exam will be possible. But, with sufficient justification, I will transfer the value of your missed Midterm (15% or 20%) to the value of your Final exam (\uparrow by 15% or 20%).

5. The **Final Exam** is worth 40% of your final grade. The questions will focus on **all** content covered throughout the course. *The University **Registrar's Office** determines **the Date** and **Time** for the **Final Exam**. They provide you with this date-time information directly. *You are expected to be available*.

Strict university rules apply to writing exams (see *academic-senate/policies/exams*).

Grading and Grade Postings

For each assignment and exam, I review the item results for potential problems. If needed, I will re-score or adjust the scoring. I post your grades in BB Grade Centre. If you believe that there is a mistake in one of your grades, please contact me. In the relevant discussion-board thread, I post class-level scoring results to give you a broader view of student-performance patterns for each assignment and exam.

Questions & Communications

For **basic course information**, the course BB website includes the Syllabus, Readings, Lecture materials, Assignments, and other resources.

For a **non-personal course question**, please post it on the course *Q&A forum*. This allows other students to see your question, participate in the discussion, and see my response. If you are confused about something, other students also are very likely confused. So, I definitely want and need to know! I regularly post **important information** on the **Q&A forum**. So, please **check the forum** regularly. For a **personal question**, please email me directly via <u>darrenc@nipissingu.ca</u>. I tend to respond quickly. For in-person interactions with me, talk to me before or after class or come to one of my office hours.

Fair Behaviour and Respect for Others

We all prefer a positive environment that supports learning and fair evaluations. Disruptive or negative behaviour is not helpful. Please review the <u>Code of Student Rights and Responsibilities</u>.

Student Support Resources

If you find yourself **struggling academically** or with **mental health problems**, Student Development Services (SDS) at Nipissing University has many supports available to you (go <u>here</u> or email <u>sds@nipissingu.ca</u>).

Nipissing Library Resources

The library offers excellent resources and services which make completing assignments and writing papers easier, more efficient, and better in quality. I encourage you to use them (follow this <u>link</u>).

Academic Integrity

The more effort you put into your education and experiences at Nipissing University, the more you will get out of them. Cheating and Plagiarism are not just unethical with serious consequences (see <u>link</u>), they undermine your ability to develop life-long time-management strategies, coping skills, and, of course, specific course knowledge and insights.

Intellectual Property

All materials provided for this course, including, but not limited to, lectures (in-person or video versions), lecture notes and slides, assignments, examinations, and syllabi are the intellectual property of the course instructor. Posting, providing, sharing or selling unauthorized audio, video, or textual material violates an instructor's intellectual property rights, the Canadian Copyright Act, and may violate the rights and privacy of others in the classroom. Failure to follow these instructions is in contravention of the university's <u>Code of Student Rights and Responsibilities</u>. Participation in this course constitutes an agreement by all parties to respect the intellectual property and privacy of others during and after their association with Nipissing University.

Lecture Schedule & Important Dates

<u>Week</u> 1-2 2-4	<u>Lecture Topic</u> Syllabus + Psychological Perspectives Research Design		<u>Review Topic Content by</u> Sep 13 Sep 25		
3-5	Neuroscience		Oct 4		
Thanksgiving + Study We		/eek Oct 10 to 14		- ANT	
5	Midterm I worth 15% (in class	ssroom)	Mon Oct 16, 60-minute duration		
5-7	Development		Oct 25		AR
7-8	Sensation & Perception		Nov 1		CHEY V
8-9	Learning		Nov 13		
10	Midterm II worth 20% (in classroom)		Wed Nov 15, 80-minute duration		
10-11	Personality		Nov 21		
11-12	Anxiety Disorders		Dec 4		
Tasks & Assignments Look Over		Start Dates	Due Dates @ 6	pm	
Scavenger Hunt - 4% ASAYC		ASAYC	Sep 13		
Assignr	nent 1 - 7%	ASAYC	Sep 11	Oct 6	

ASAYC = as soon as you can, preferably in the first week of classes

Final Exam worth 40% The **Date and Time** is set by the University within the **Final examination period** (Dec. 7th to Dec. 22nd). *You are expected to be available for the specified date and time*.

ASAYC

ASAYC

Bonus-Mark Options

Oct 17

Nov 16

Nov 13

Dec 4

In this class, the maximum number of bonus credits you can earn is **3%**. The credit will be added to your final grade at the end of the term. The completion **deadline** is the **December 1**st.

Option 1: Participate in research

Assignment 2 - 7%

Assignment 3 - 7%

You may volunteer to participate in Nipissing University research projects listed in the SONA system. Each SONA study will describe what you will be doing and how many credits you will earn. More participation time earns you more SONA credits and more course bonus points. For example, **1 hour** of research = **1 credit** which represents a 1% bonus in this course. Research studies are accessed via an online system called SONA. To use this system, you first must enroll. Follow this <u>link</u> for details and instructions. **FYI**: During the term, I am given no information about your SONA credits. After classes end, the SONA administrator sends me a table of student names with their SONA credit number.

Option 2: Class-only research-like participation:

Online links will be available in a course Blackboard folder. These online activities **highlight** psychological methods or content relevant to the course. Credits earned are listed for each activity.